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Baltimore, MD 21201

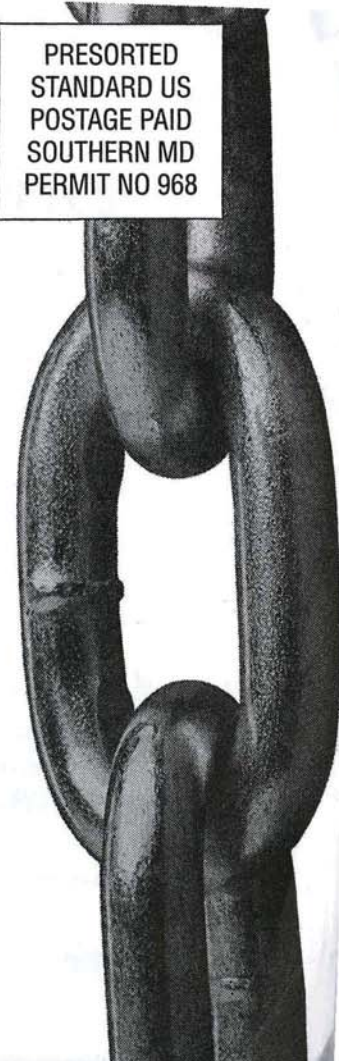
# **FORBIDDEN CURES**

**Proven natural treatments the medical  
establishment won't let you have**

**YOUR FREE REVIEW COPY INSIDE**



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# What would you say if you lost someone you love...

Then you found out there was a  
proven cure — That doctors were  
forbidden to tell you about?

- Diabetes defeated! Botanical breakthrough could make insulin obsolete.....page 9
- Both types of arthritis pain vanish.....page 20
- Age-reversal riddle solved at secret clinic.....page 30
- The one-stop solution to nearly every heart problem.....page 39
- You can fix 12 years of memory loss and stop Alzheimer's dead in its tracks.....page 45
- The "missing link" in your energy level.....page 55

...Are you ready to find out?

For the first time, one brave doctor is  
opening the FDA's files and exposing...

## THE BLACKLIST

True Cures for the  
12 Deadliest Diseases  
Known to Mankind

BY DR. BENJAMIN ROSS

INSIDE:

"Forbidden" answers to diabetes, cancer, arthritis, heart disease, Alzheimer's, osteoporosis, pain and more!



# THE BLACKLIST

## True Cures for the 12 Deadliest Diseases Known to Mankind

By Dr. Benjamin Ross

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# THE BLACKLIST

True Cures for the  
12 Deadliest Diseases  
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All material in this publication is provided for information only and may not be construed as medical advice or instruction. No action or inaction should be taken based solely on the contents of this publication; instead, readers should consult appropriate health professionals on any matter relating to their health and well-being. This information and opinions provided in this publication are believed to be accurate and sound, based on the best judgment available to the authors, and readers who fail to consult with appropriate health authorities assume the risk of any injuries.

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Read on to learn more...



## INTRODUCTION

# They won't let us have the cures!

**I**MAGINE IF SOMEONE YOU LOVED DIED OF CANCER, and you found out there was a cure that no one told you about.

If you underwent a heart bypass, would it bother you to learn you didn't have to? That a cheap herb solves most heart problems, and does it for pennies—but no one told you?

If you've been on insulin for years, would you get angry if you discovered other people have cleared up diabetes within weeks, without drugs?

Suppose you had to rush your asthmatic child to an emergency room several times a year. What would you say if you learned there was a cure all along—and nobody told you?

### Would that make you angry?

Then get ready to get angry. Because...

**Cures *do* exist for cancer, heart disease, diabetes, asthma, allergies, pain, cataracts, osteoporosis, arthritis, fatigue, Alzheimer's and more. And you'll learn about them right in this book. But our medical establishment does *everything in its power to keep them away from you.***

And don't blame your doctor! You see, this powerful multi-billion-dollar industry controls all medical information. They effectively shut down all dissent. Step out of line and you lose your right to practice.

I know, because it happened to me! They took away my license and livelihood just for using treatments they don't like. Now I've got nothing to lose, so I'm going to blow the lid off their scam.

In this book, you'll discover treatments no one else will tell you about, not even alternative doctors, because they fear what might happen to them.

## Doctors aren't free to tell you the truth

I'm not the only doctor they've victimized. Dozens of alternative doctors have been through the same thing, not to mention supplement makers, and even health information publishers.

In the state of Washington, the "health police" are investigating and harassing one out of every three alternative M.D.'s in the state.

They've taken away one doctor's license and totally put him out of business.

### It's a wonder there are any alternative doctors left free to practice

Just listen to Dr. W's story. He knows all about the brutal attacks and intimidation.

With guns drawn, FDA goons busted down the doors of his office and proceeded to haul away patient records, supplements, medicines and office equipment. It was two weeks before he could reopen his clinic and start seeing patients again.

And that was just the beginning of a two-and-a-half-year nightmare that cost Dr. W and his family \$350,000. He was hauled before two grand juries and, at one point, he had eleven attorneys defending his case.

Other alternative doctors advised him to do what they did: Give up and knuckle under to the authorities. Instead, Dr. W fought back—and won. But he's the exception.

### His "crime"? Prescribing preservative-free vitamins

No charges were ever brought against Dr. W. And what was this all about? Why, the FDA had gone through his dumpster and found bottles of vitamin B-12 they said were contaminated. Well, they *were* in a dumpster. They *might* have been contaminated!

Of course, this case was really about the FDA trying to intimidate a leading alternative doctor, a man who served on the faculty of an alternative medicine university and—gasp!—wrote books.



(The FDA has literally burned books that contained information they don't approve of.)

As a practicing D.O., an osteopath, I was on probation for ten years while the government-appointed "health police" second-guessed every single thing I did. For ten years, they looked for an excuse to put me out of business.

### **I stopped an asthma attack with the touch of my hands, and lost my license as a result!**

Establishment medicine is enraged by people like Dr. W and me who help patients get well the natural way, without drugs and surgery. They do everything they can to shut us up and shut us down.

If you think it's far-fetched to say that cures actually exist, and that people like me are persecuted for using them, let me set you straight.

One of the things they nailed me for during my ten years on probation was the time I treated a boy who was suffering from an asthma attack. This boy's mother took him to an emergency room because she was afraid he was going to die. The boy was one of my patients, and had been since he was a baby. But his mom was so frightened by this attack she didn't come to me, she went straight to the ER.

What happened there was worse than anything she could imagine. The attending physician in the ER overdosed the child and the seizure got worse. The mother saw that what they were doing in the ER might kill her boy, so she picked him up and left. She came straight to my office.

### **I performed osteopathic manipulations on the kid and the seizure stopped. Problem over.**

The Board of Physicians in my state investigated the incident and claimed I'd done the wrong thing. The boy should have gone to the ER, they said. I explained that the boy had *come* from the ER. The ER *caused the problem*.

The Board didn't care. The kid belonged in the ER. I fixed the problem the ER caused, just by performing manipulations with my

hands. They didn't care.

The boy got well. The mother wasn't complaining. They didn't care.

Multiply that incident by ten years of crazy accusations just like it. That's what I went through. It destroyed my career and it nearly destroyed my life. I'm a married man with eight kids to support. Yes, you heard right. Eight kids.

Yet I was thrown out of work by our insane medical establishment. I'm now in a new career, doing research, and I love it. My attitude is the Good Lord wanted me to be doing something else. But...

### **What the medical establishment did is very wrong**

That's why I decided to send this book to you. It's about time somebody blew the whistle. You have no idea how many exciting treatments are kept away from you.

I'm angry not just because of what establishment medicine did to me, but because of what they're doing to *you and your loved ones*—to all of us.

All I had to do was find a new career. But I believe there are people out there suffering—or even dead—because they never learned about the treatments you'll read about in this little book. That little boy with asthma might well be dead. Thank God, I still had my license to practice then, but what about next time?

### **I'm writing you on behalf of a group that's working to right these wrongs**

That group is called Health Sciences Institute. They've been around for fifteen years now. Fifteen glorious years of bringing Americans blacklisted, banned and forbidden health solutions from all over the world.

HSI doesn't depend on one medical guru. We have an Advisory Panel with no less than 15 distinguished doctors, researchers and scientists who are dedicated to a simple idea:

Somewhere on this lovely blue planet, if you just look hard enough...



## You can find a cure for just about every disease

Keep reading and you'll learn about quite a few of the cures in this book. You'll see the proof, including the kind of scientific studies that supposedly don't exist for natural therapies—if you believe the “health police.”

What's more, Health Sciences Institute doesn't manufacture or sell these amazing health solutions. Their only mission is to tell you the truth. You'll read real-life stories from people who got the help they needed. Wouldn't you want to know about:

- **Cancer patients who got totally well**—And a natural “magic bullet” that's 10,000 times stronger than a top chemotherapy drug (See Chapters 2, 8 and 9)
- A woman who was able to **get off insulin in only six weeks**—after nine years on drugs? (See Chapter 1)
- **A real answer to arthritis.** Not just a painkiller—*a real solution*, with a success rate of almost 91%?! (Chapter 3)
- **Nutrients that stop Alzheimer's and reverse it!** They work for everyday “forgetfulness,” too. You could reverse 12 years of memory loss! (Chapter 11)
- One Asian herb that **solves nearly every heart problem.** Could there be a natural superstar that cuts bad cholesterol and cures angina better than the best prescription drugs? See for yourself in Chapter 10.
- **The “missing link” in your body's system for making energy.** This could be the real reason you're tired all the time. Now for the first time you can get this rare nutrient in supplement form. (Chapter 14)
- A new herb you've never heard of that halts the growth of prostate tumors AND shrinks enlarged prostates? So valuable that the country that grows it doesn't want to sell it! (See Chapter 12)

**PLUS: A natural way to control your bladder** (good-bye Depends—see Chapter 13) ...**And more.**

We've got a lot to cover! So let's get started...

## Chapter One

# BOTANICAL BREAKTHROUGH COULD MAKE INSULIN OBSOLETE

## From insulin-dependent to *non-diabetic* in 6 weeks flat?!

DAILY INSULIN INJECTIONS are just a memory for Catherine Downs. In fact, this 56-year-old diabetic has almost forgotten she ever even had the disease. She's thrown away her insulin syringes. She's even lowered her hypoglycemic prescription to only 2mg per day. And this is the clincher...**She completely came off insulin!**

You won't find her following any of those strict dietary guidelines most diabetics do. And Catherine couldn't be happier...how did she do it? She simply used an incredible diabetes breakthrough you're about to discover.

### Little known sugar-buster opens the door for a needle-free solution to diabetes...

Step into a kitchen in Japan and you might find someone cooking with a special kind of flour, one that has been used for over 1,000 years. It's made from a plant called konjac mannan. And as it turns out, this flour provides more than nutrition.

Researchers now credit it with providing protection from diabetes. It works by lowering blood sugar naturally. *In fact, a clinical test confirmed extracts of konjac mannan are as effective at lowering glucose as drugs like Acarbose.*

Astonishing results, so why weren't they plastered all over the



10 o'clock news? Because the makers of drugs like Acarbose would rather you didn't find out.

### **Why? Because diabetes is big money**

Just open any diabetes medicine cabinet and inside are blood sugar monitors, pills, maybe even syringes and insulin. It's estimated all of these treatments cost \$10,000 a year. And diabetics use them for life. With the number of diabetics in the U.S. at 23.6 million alone...well you do the math...it's a goldmine!

So mum's the word...but Catherine learned the truth about this botanical diabetes discovery...

### **Everyone was in the dark until HSI Panelist and world-renowned health researcher Jon Barron revealed this ancient remedy...**

Thanks to his connections with HSI's vast international research network, Barron discovered konjac mannan. He knew right away this discovery could be a diabetic's wish come true and a drug company's biggest nightmare...

He was more certain than ever when he uncovered a second botanical. A rare fiber that actually blocks sugar absorption. And when paired with konjac, it transformed the Japanese plant into an even stronger diabetes fighter!

### **Together these botanicals controlled blood sugar better than any prescription drug he'd seen**

During a 6-week study every single person experienced a drop in blood sugar. For some, sugars fell as many as 60 points! Doctors were flabbergasted.

They'd seen with their very own eyes how this formula stopped diabetes in its tracks.

Just like Catherine, other diabetics got rid of their expensive insulin and hypoglycemic prescriptions for the first time in decades. *And none of these people made one single dietary change.*

No one was counting carbs or settling for bitter sugar substitutes.

It doesn't stop there. These botanicals are so potent they counteracted other 'bad' foods too. You know, the ones packed with fat and rich carbohydrates...all of the really good stuff you like but are supposed to avoid like the plague. Well, not with this breakthrough...

### **It even successfully blocked fat absorption lowering blood pressure and cholesterol**

After just five weeks on the formula, one diabetic's LDL cholesterol was down 32%. She stopped taking her blood pressure medication. All without dieting. Her doctor studied the tests over and over again. But there it was in black and white: she didn't need to take Lipitor or blood pressure medication.

### **These diabetics even looked better**

No kidding. It's pretty simple if you think about it. Block sugar and fat and you don't gain weight, in fact you might even lose some. That's exactly what happened, diabetics lost weight. Who would have known? Only HSI members...

They were first to hear about this botanical formula and take advantage of this lifechanging discovery for themselves. More importantly, they could rest assured this breakthrough had been tested against stringent safety standards. It was 100% safe.

### **Not one person suffered the serious side effects of drugs...**

Already one diabetes medication has been pulled off shelves after more than 390 deaths from liver failure! Now there's word another class of drugs still on the market, called thiazolidinediones or TZD's, could cause pulmonary edema and heart failure! These are the consequences of traditional medicine's prescribe-first-ask-questions-later mentality. Just another reason why the safe, natural alternatives HSI brings to our members are so valuable...

Today you have the opportunity to learn how to take advantage



of this diabetes breakthrough yourself. It doesn't matter whether you're diabetic, at risk, or simply don't eat as well as you should... it can significantly improve your health. But you won't be able to walk into a health food store and buy it...

### **Discover what HSI members already know**

Uncover this diabetes breakthrough and many other health advancements members have already learned about as soon as you join HSI. As a member you'll have access to this and other health-enhancing discoveries from all corners of the globe, sometimes years before they're reported on. Plus you'll get HSI's **FREE BONUS 12 Special Research Alerts**.

These FREE reports are chock full of the latest breakthroughs from cancer killers and anti-agers, to stroke protectors and powerful pain relievers! Simply join now and take control of your health today!

Next, let me tell you about how one drug company covered up a true cancer cure to sell you more drugs...

## **Whistleblowers, Truth-Tellers and Vigilant Defenders of Your Right to Know!**

**Here are just some of the 15 great doctors,  
researchers and health practitioners on...**

### **The Health Sciences Institute Advisory Panel**

**Martin Milner, N.D.**, is Professor of Cardiovascular and Pulmonary Medicine, National College of Natural Medicine and Bastyr University. He also serves as President and Medical Director of the Center for Natural Medicine.

**Randall Wilkinson, M.D.**, left private practice to dedicate all of his time to research. A specialist in environmental medicine, he brought our members the tocotrienols breakthrough for fighting heart disease and cancer. He is currently conducting anti-aging research.

**Elson M. Haas, M.D.**, integrates traditional Chinese therapies with natural healing methods from the West. His books include *The Detox Diet* and the classic *Staying Healthy with Nutrition*, used in many alternative health schools. He serves as Medical and Creative Director at the Preventive Medical Center of Marin.

**Ann Louise Gittleman, Ph.D., C.N.S.** As millions of television viewers have seen on "Dr. Phil" and "The View," she's constantly breaking new ground in all aspects of health from natural hormone replacement to effective and safe weight loss. Dr. Gittleman is the award-winning author of 20 books on health and healing, with more than 3.5 million copies in print.



**Tadahiro Makise, M.D.**, Medical Director of the Makise Clinic, Osaka, [www.drmaikise.com](http://www.drmaikise.com). Considered one of the most cutting-edge physicians in Japan, Dr. Makise recently scored a breakthrough in treating psoriasis and severe dermatitis by Japanese herbs and vitamins.

**Allan Spreen, M.D.** has helped spread the truth about natural medicine and expose common medical myths through his book *Nutritionally Incorrect—Why the American Diet is Dangerous & How to Defend Yourself*. He's known as the "Nutrition Physician."

**Hyla Cass, M.D.**, is a former Assistant Clinical Professor of Psychiatry at the UCLA School of Medicine and is a distinguished spokesperson, consultant and educator in complementary medicine and psychiatry. She specializes in alternative solutions to psychiatric disorders, with the aim of replacing prescription medications with alternatives. Dr. Cass is the author of seven books including *All About Herbs*.

**Eric Berg, D.C.** is a renowned nutritional researcher, chiropractor and founder of the Health and Wellness Center in Alexandria, Virginia who certifies M.D.'s and D.C.'s in his techniques. He originated the Body Restoration Technique, invented the Acoustic Heart Monitor, and is a past associate professor at Howard University. His latest book, *Dr. Berg's Body Shape Diets*, shares his discoveries about the hormone-body distortion connection.

**Jon Barron** is one of the world's leading researchers and educators in the fields of nutrition and herbal therapy. His book, *Lessons from the Miracle Doctors: Step-by-Step Guide to Optimum Health and Relief from Catastrophic Illness*, is widely hailed as a classic in the field of alternative medicine.

## Chapter Two

# CANCER "MAGIC BULLET" DISCOVERED but drug giant hushes it up!

**10,000 times stronger than chemotherapy  
with no adverse side effects**

**D**ARYL S. HAD 12 TUMORS in his prostate. But he received a cutting-edge treatment that helped save his life. And...

### In 3 months, his PSA dropped AND THE TUMORS DISAPPEARED

HOW? Daryl's secret was the help of an amazing tree that grows deep in the Amazon rainforest. Called *Graviola*, it may well prove to be the *ultimate* cancer-fighter. Studies by the National Cancer Institute already show that *Graviola* extract is *10,000 times stronger than top chemotherapy drugs...*

Yet its incredible precision hunts down cancer cells while leaving healthy cells completely alone! *Graviola* just seems to "know" which cells to kill and which to avoid. There's no nausea, no hair loss, no weight loss, no weakening of the immune system.

The news about *Graviola* sent shockwaves through HSI's extensive medical network. But the story behind *Graviola* is just as shocking.

As we learned, this lifesaving discovery was very nearly denied to mankind. And I'm sorry to say the reason is that somebody sat on the research. The trail of evidence clearly shows...



## **For 7 long years, a billion-dollar drug company covered it up!**

What's more, this is undoubtedly not the first time that something like this has happened. Following is a textbook example of how modern drug research works, and how your health falls victim to the pursuit of money and power:

### **It all started in the early 1990s, when this well-known drug giant started pouring money into the search for a cancer cure...**

Like many such firms, they were intrigued by the healing powers of rainforest plants. They discovered that Graviola was being used by Amazon Indians to treat a huge range of diseases. And...

### **When they tested its cancer-fighting powers, BINGO, they discovered a revolution!**

But you can't make megabucks from any cure UNLESS YOU PATENT IT...

And no one can patent a tree that's been around for millions of years. So the drug firm tried for seven years to come up with man-made duplicates. But they hit a brick wall. *Try as they might, they couldn't match Mother Nature.* Finally, they tossed in the towel...

Okay, they're in business to make money. Fine. But let me ask you...

If the research files for this breakthrough were sitting on your desk, what would you do with them? Call a news conference? Send out press releases?

At the very least, wouldn't you publish them all in a prominent medical journal?

### **After all, more than 6 million Americans have died from cancer in the last few decades**

Think how many might have been saved if a discovery like this had been available. But, instead of turning it over to independent researchers...

They boxed it up, put it on the shelf AND TURNED OFF THE LIGHT.

Happily, one courageous researcher just couldn't live with that decision. He spilled the beans...*and the result may turn out to be the most life-saving substance on earth.* More clinical trials are needed, but more than 20 studies to date have already established that...

### **Graviola can wipe out 12 types of cancer cells, including breast, prostate, colon, lung and pancreatic tumors**

Yet, unlike any chemotherapy drug, *it leaves healthy cells undamaged.*

A miracle? Perhaps. Yet even now, *not one drug company we know of has picked it up and run with it.*

WHY? Same reason. No one can legally patent it.

### **Are you starting to see why the world needs an organization like HSI?**

Now, I'm *not* saying that drug companies shouldn't pursue profits. They have to...But I *am* saying that there are many more discoveries, each potentially just as important as Graviola, that will never see the light of day unless someone else steps into the picture...and that "someone else" is us.

*It was the HSI network of health researchers* that finally spread the word about Graviola to independent scientists all over the world...

### **AMAZON MIRACLE TREE fights much more than cancer**

While scientific research on Graviola has focused on its cancer-fighting powers, the tree has been used for centuries by tribal healers to treat an astonishing array of diseases, including:

- |                |                 |                      |
|----------------|-----------------|----------------------|
| ✓ hypertension | ✓ muscle spasms | ✓ insomnia           |
| ✓ flu          | ✓ rashes        | ✓ diarrhea neuralgia |
| ✓ ringworm     | ✓ scurvy        | ✓ dysentery          |
| ✓ rheumatism   | ✓ malaria       | ✓ arthritis          |



*It was HSI that sent out alerts to all our Members, so they could share this lifesaving news with their friends and loved ones...*

*It was HSI that secured access for its Members to the limited supplies of Graviola extract, from the one place in America where it's available...*

*And we'll be happy to share the full details with you, too—how it works, how to use it, where to get it, everything.* It's all in the **FREE BONUS Special Research Alerts** that we'll send to you with your Membership.

Plus, incredible as it sounds, Graviola is just one out of *dozens* of equally exciting medical discoveries that you'll learn about in your **FREE BONUS Reports**. All of them have gone virtually unreported by "establishment medicine," yet they're available to you *now*.

### **What Gave Jacqueline the Power to CONQUER BREAST CANCER?**

Jacqueline T. had breast cancer, but she also had a huge advantage in her battle. Not too long ago, *Health Sciences Institute* alerted her to an incredibly powerful cancer-fighter perfected by Japanese researchers.

It's a special extract of hybrid mushrooms called **AHCC**—and it triggers a process that can literally explode cancer cells *in as little as 5 minutes*.

**"My results were dramatic. So quickly, I was shocked!"**

—HSI Member Jacqueline T.

Best of all, it works by using your own body's army of natural "killer cells." So, it actually *makes you feel more energetic*, rather than sapping your strength.

This is just *one* of the many little-known, lifesaving cancer breakthroughs that you'll learn about in your **FREE Special Research Alerts**.

### **Doctors and researchers hail HSI as "Alternative medicine's hope for the future"**

*"It is truly refreshing to read a publication on the topic of alternative medicine that is scientifically based and reviewed by professionals. It is through your hard work and diligent attention to detail that alternative medicine has hope for the future."*

—Robert A. Sinnott, Ph.D.,  
Biotechnology Specialist

*"I like to think I'm on the cutting edge, but I constantly see things in HSI that I haven't read elsewhere. For every breakthrough I've shared, I've learned about several more."*

—Michael Rosenbaum, M.D.,  
Vice President Orthomolecular Health Medicine



## Chapter Three

# BOTH TYPES OF ARTHRITIS PAIN VANISH

## “Miracle food” shrinks swollen joints

A LEADING RESEARCHER FROM Australia had spent his life studying the world’s strongest arthritis drugs...*But this new stuff surprised even him.* A small dose shrank inflamed joints by 91 percent.

### Could make drugs look obsolete...

Next he benchmarked it against a standard *rheumatoid arthritis drug*, indomethicin. The new stuff easily trounced this dangerous drug with none of the nasty side effects.

### Beats Cox-2 inhibitors at their own game...

So what about osteoarthritis? Let me quote a world authority...

According to another researcher from Australia, we’re looking at “a very major breakthrough.” That’s because this new miracle *shuts down* a “pain highway” in your body—preventing the chain reaction that stokes the fires of *all* kinds of inflammation.

Researchers call this “the 5-lipoxygenase pathway” and it’s the Rosetta Stone of pain and inflammation. Drug companies have spent billions trying, but...

*No one’s been able to crack it.* The only drugs that have shown much hope were too poisonous to take.

### SO WHAT IS THIS MARVELOUS MEDICINE?

Weirdly, it’s not a medicine, but a *gourmet delicacy*. On the

beautiful coastline of New Zealand lives a critter called the green-lipped mussel. The native Maori who live there absolutely love to eat them.

And guess what?

*Coastal Maori hardly ever get any kind of arthritis.* Not even as they get older...

### They’ll be 70, 80, 90 years old and totally arthritis-free

But now *you* can share in this miracle without resigning yourself to a diet of green-lipped mussels. Because scientists have now homed in on the molecule in this mussel that does the magic. It’s totally natural...

*And wow is it powerful.* Even a minute amount blows the doors off ibuprofen and aspirin, and it’s...

### 200 times stronger than the next-best natural remedy

Maybe you’ve heard that fish oil can relieve arthritis inflammation? It does a pretty good job, but when they tested the very highest potency fish oil supplement against this “mussel molecule”... the mussel extract worked 200 times better. And just in case you’re wondering...

### “Why isn’t my doctor prescribing it?”

I apologize if you’re tired of hearing this, but *drug companies can’t get rich from it.* That’s also why this extract has been...**20 long years in development.**

Without big drug bucks to underwrite it, alternative medicine researchers had to boot-strap this baby the hard way. Finally, leading scientists from Australia, Japan and France banded together to unlock the secret...

### And HSI doesn’t want you to wait 20 more years for the benefit

*Without question, this is the most powerful inflammation-fighter*



*we've seen.* The only catch is that it is virtually unheard of in the U.S.

However...Because of our extensive network in the research world, HSI has all the information you need, PLUS we've secured preferential access for our Members. Learn more about how you can live totally arthritis free in your **FREE BONUS Special Research Alerts.**

### **Wouldn't it be wonderful to wake up one morning...**

Climb out of bed, shower, get dressed and suddenly notice "HEY, I DON'T HURT."

That's what's happening right now for HSI Members who used to suffer agonies from arthritis. So please don't hesitate even a moment to sign up to receive your **FREE BONUS Special Research Alerts.**

## **Chapter Four**

# **BACK PAIN RUBBED OUT ON CONTACT**

**T**HAT'S EXACTLY WHAT HAPPENED to Kyle Gladwell, not so long ago. He pulled a muscle and had back pain so bad he couldn't sleep. He couldn't even go to work.

But when it looked like the pain would keep him from a special event with his daughter Heather, he was ready to try anything.

That's when Kyle remembered the "secret" pain potion a friend had dropped off. With nothing to lose...

"I rubbed it on, expecting the same results I got from everything else that I had tried—NOTHING," Kyle writes.

But imagine his surprise when...

"Within MINUTES I could move around without pain," he says. And that's not all this pain eraser did...

"It allowed me to get my range of motion back, so I was able stretch my back...and get back to feeling normal in no time."

### **WHAT ON EARTH HAPPENED TO HIM?**

I could quote similar stories from people who used to endure stiff hips...aching backs...throbbing knuckles...creaky knees... they all became free of pain. Without pills, surgery, or really much of anything...

**All they did was rub in a few drops of a  
FABULOUS FLOWER EXTRACT developed by  
HSI Research Panelist Jon Barron**

This stuff should make those popular drugs obsolete. Yet it



## **Just a few drops of this botanical blockbuster RELIEVED UNBEARABLE AGONY**

***"This is the most amazing pain  
relief product for arthritis."***

"I put one drop on my Mom's arthritic wrist on Saturday afternoon. Today is Monday and she called to say that it relieved all the pain until Sunday afternoon. Also, I have RLS and hemochromatosis, so I cannot take iron. I used this pain ointment on my legs, and the pain in my legs disappeared. I am absolutely thrilled with this product!"

—Christina, CT

***"My muscles recovered at a  
much quicker rate."***

"I maintain a daily physical routine in my career where I am constantly exercising. Shoulder surgery seven months ago made these exercises difficult and tended to give me muscle soreness and pain in my shoulder. It eased this soreness and enabled my muscles to recover at a much quicker rate."

—Steve P., NJ

***"It's like Magic."***

"I had painful shoulder problems for years, which meant I couldn't move my arm above my head or rotate my shoulder without pain. After just one application both movements were possible!"

—Adam, MI

**Join today for full details in your  
FREE Special Research Alerts!**

might never have been developed, had it not been for one of medicine's happier accidents. You see, Barron had just finished work on a revolutionary "herbal transport system." It was a formula that allows herbal oils to penetrate the skin and work their way into your muscles and joints.

While chatting with another researcher, Ron Manwarren, he learned that his associate had just finished an herbal healing oil. "Hmm," thought Barron. "I have just what he needs. Why don't we put our discoveries together?" The rest, as they say, is history. The combined formulas proved way more potent than their most optimistic hopes.

This "miracle oil" outperforms every other pain reliever we've investigated.

And I'm not just talking about back pain...

**BEFORE YOU KNOW IT, IT SINKS THROUGH THE SKIN and  
relieves backache, sore muscles, sprains, strains...**

And hey, who couldn't use temporary relief of some kind of pain? Let me tell you, here at the HSI Baltimore office, our results mirror those of the people quoted here. Unless you love your pain, you've got to try it too.

Because Jon Barron is an HSI Research Panelist, we can offer our Members immediate access—just write the address or go to the website listed in your **FREE BONUS Special Research Alerts**.



## Chapter Five

# MENTAL DECLINE STOPPED & MAY BE REVERSED for thousands of patients

**Brand-new breakthrough beats latest drugs  
with no major side-effects**

**G**OT ANY SNOWDROPS OR DAFFODILS IN YOUR GARDEN? As of today, they're more than just beautiful...

They contain a long sought secret that can reawaken mental function, and usher in a new springtime for aging brains.

**It's already happened for over 3,000 Alzheimer's patients**

And the secret is a natural botanical extract. It's found in snow-drop flowers, daffodils, spider lilies and several other plants. In Belgium, *five* different studies have now been done on thousands of Alzheimer's patients and...

**Every single time, the people that took it did  
seven times better than the people who didn't**

Better still, clinical trials now show that this extract not only stops the decline, but can actually improve the patient's memory. And it works better than high-powered drugs. Because...

**The drugs lose their power after a short time,  
but this extract keeps on working...**

And this "staying power" is key to fighting mental decline.

You see, there's a nerve chemical called acetylcholine (pronounced a-see-tull-KOH-leen)—and your brain cells can't com-

municate without it.

In advanced Alzheimer's patients, acetylcholine levels plunge 90% and keep on dropping. Brain activity grinds to a crawl and cells die in droves. The drugs try to get your levels back up, but all too soon, they wear out their welcome. Your brain cells lose their ability to use acetylcholine and you're worse off than before.

But this natural botanical extract does the impossible. Not only does it boost your levels of this critical brain chemical, it *actually improves your ability to use it*. As a result...**You don't just stop getting worse, you get better.**

Best of all, people who take it *don't* suffer the terrible side-effects of the drugs. In fact, while the drugs often cause depression,

### Major Side Effects of Prescription Drugs

Following are just some of the listed side effects for popular memory drugs:

- |                              |                                |
|------------------------------|--------------------------------|
| ✓ liver toxicity             | ✓ restlessness                 |
| ✓ irritability               | ✓ irregular heart rate         |
| ✓ gastric problems           | ✓ cataracts and blurred vision |
| ✓ confusion                  | ✓ shortness of breath          |
| ✓ high or low blood pressure | ✓ loss of bowel control        |
| ✓ nervousness                | ✓ seizures and tremors         |
| ✓ dizziness                  | ✓ mental depression            |
| ✓ crying                     | ✓ aggression                   |
| ✓ fainting                   |                                |

### Major "Side Effects" of This Natural Botanical Extract

- ✓ Relieves depression



it can actually improve your mood.

**Our researchers have found that this same substance may also help Parkinson's**

Pharmaceutical giants are racing to patent new drugs based on this natural botanical extract, but *you don't have to wait* for this breakthrough to trickle down through the FDA and HMOs.

You'll never see ads on TV for it...but you can learn more on what this natural botanical extract can do for you in your **FREE BONUS Special Research Alerts**.

So please, if you know anyone with a relative suffering from these terrible conditions, join HSI today by filling out your **MEMBERSHIP APPLICATION**. We included a loose one with this book. Or, use the extras at the back of this book.

**"...providing a wonderful service to humanity at large."**

*"I am a recent member to the HSI group and have very much enjoyed reading your various research articles. Your organization is definitely on the 'cutting-edge' and you are indeed providing a wonderful service to humanity at large."*

—Thomas N.

## Chapter Six

# A key to ending MACULAR DEGENERATION

## 80 times more effective than leading antioxidant

**A**GE-RELATED MACULAR DEGENERATION (ARMD) is today's leading cause of blindness, slowly but surely destroying the retinas of more than 13 million Americans.

Up until now, the best natural hope of stopping it has been taking antioxidants. It's a good strategy, but there's a big problem with it...

Ordinary antioxidants can't cross the blood-brain barrier. This cellular "wall" is how nature protects your brain, eyes and other sensitive organs from invaders. But it also keeps antioxidants from reaching your retinas. Now, however, a powerful nutrient can jump over that border. And who would have dreamed that the key would be, well...fish food!

It's a special kind of microscopic algae that grows off the coast of Hawaii.

Researchers have found it's extremely rich in a substance called astaxanthin...

### **And this stuff makes mega-vitamins look like slackers**

It's got *80 times* the protective power of popular antioxidants, plus it delivers all this eye-saving clout right to the place that needs it. *Don't worry, you won't have to eat algae*. Scientists have found a way to extract the nutrient and pack it in soft-gel capsules.

You'll find full details in your **FREE BONUS Special Research Alerts**. Just join HSI today and start living a happier, healthier life tomorrow.



## Chapter Seven

# AGE-REVERSAL RIDDLE SOLVED

**“Fountain of youth” formula reportedly used by Winston Churchill, Mao Zedong, Ho Chi Minh, Charles de Gaulle and many screen legends...**

**E**VER WONDER WHY THESE GUYS stayed so energetic and powerful, decades after their peers dwindled off into history? We assumed their secret was genetic, but it was actually a secret clinic. I know it sounds wild, but...

The clinic was located in Eastern Europe—and political leaders weren't the only ones who went there. I'm sure you remember the host of America's favorite rock-and-roll TV show, back in the '50s. He looked amazingly young into old age, right? *Same clinic.*

Anyhow, the clinic used a formula called H-3 Plus, and just in case you're wondering...

**Yes, it's for real! It was proven in a massive series of double blind clinical trials...**

*15,000 people took part in the research* and over 400 doctors oversaw it to make sure there was no cheating. The vast majority who took this formula never got sick from anything.

Better still, all kinds of chronic conditions suddenly improved... including, depression, liver spots, varicose veins, failing memory, decreased sex drive and a whole lot more. All these “age markers” kicked into reverse and...

**Their death rate was 5 times lower than their peers!**

By the way, H-3 Plus has *nothing to do with human growth hormone or DHEA*. It's not a hormone at all and has none of the frightening side effects. It works by penetrating damaged cell membranes and combating the DNA erosion caused by years of stress, disease, food additives and other environmental toxins.

*Unfortunately, the original formula had two enormous “gotchas.”* First, you needed enormous amounts to make a difference, requiring injections, long stints at the clinic, and thousands of dollars. Second, the effects wore off too quickly.

Nutritional experts have been working for decades trying to address these shortcomings. They've finally succeeded. *And I'm proud to say that an HSI Advisory Panelist helped research this breakthrough.*

**Pioneered by HSI Panelist Dr. Ann Louise Gittleman, one of today's most renowned longevity experts**

Author of over 30 famed books, Dr. Gittleman also served as Nutritional Director at the legendary Pritikin Longevity Center. Her second-generation formula is based on over 500 laboratory studies.

And to call it an “improvement” on H-3 Plus is kind of like calling the lightbulb an improvement on the candle.

**Gittleman's breakthrough lasts 15 times longer and is 6 times stronger than the original H-3**

Plus you don't have to go to Europe for a zillion injections. It comes in pill form, and you take just one or two every day.

According to Gittleman, “It's so powerful, many people respond within the first 3 days. I have actually had to reduce my dosage to half a pill because it's so powerful.”

What exactly does it do? In her own words, “we have an enormous number of success stories from people who've felt relief from



arthritis, depression-lowered libido and other chronic ailments associated with aging..."

**"We have even seen a return of some patients' original hair color!"**

It's like the perfect adaptogen. And while individual results may vary, it seems to provide whatever your body happens to need. Happily too, it's available right now and *you don't need a prescription to get it.*

What you do need, however, is the phone number of the only authorized producer. Time and again, we at HSI have seen powerful, helpful supplements fall into undeserved disrepute because of *fast-talking scammers with bogus knock-offs and unfounded medical claims.* This is almost certain to happen with Dr. Gittleman's revolutionary anti-aging formula—so please, protect yourself.

RSVP today for full details about the real thing and how it works. It's all in your **FREE BONUS** *Special Research Alerts.*

## Chapter Eight

# THE ONE THAT SAVED MY FATHER

**Cancer cure so powerful  
even oncologists were stunned**

By Jenny Thompson

WHAT KIND OF CHOICE IS IT when the treatment is worse than the disease? When, by trying to save your life, you lose your energy and your hair (not to mention your hope and your will). Seeing the look on the face of your loved one as they, too, try to put on a brave front. All the while, feeling too weak and sick to eat, talk or even smile.

And yet, this is the only answer the best medical system in the world can come up with to fight cancer. They tell you your *only* chance is surgery, chemotherapy or radiation.

Far too often, the so-called cure makes you wish it would just be over already.

**And that's exactly where  
Health Sciences Institute comes in**

From day one HSI has been steadfast in our commitment to find the cures for cancer.

And my personal commitment to finding the most successful cancer treatments extends beyond my role as the Director of the Health Sciences Institute. For almost 20 years, I watched as my father battled leukemia. I've seen first-hand why we need a better cure than the medical establishment is willing to offer us.



### **That's right...I said "willing"**

It's not that they can't do better—it's that they won't. Doctors, researchers and hospitals have put the mainstream blinders on and we and our loved ones suffer for it. Until now...

### **Leaving no pebble unturned— and no piece of bark unscraped**

You know as well as I do that cancer is a complex series of diseases that we've boiled down to one word. And that's why there isn't just one treatment that will work for everyone. It would be wonderful if there were, but that's not how medicine works—and it sure isn't how cancer works.

That's why HSI never stops looking. We work with the most brilliant natural medicine minds all over the world... studying in the labs of Germany, trekking to the deepest parts of the Brazilian Rainforests, climbing to the top of mountains in Tibet. Wherever the research leads, HSI goes—to get you the full story.

And it's because of that tenacity and dedication that we have compiled a vast collection of cancer cures from every corner of the Earth.

### **You never know when cancer might strike you or a loved one**

Or when it might come back.

More than any other disease, the best way to beat cancer is to be ready for it. You need to have the weapons in your arsenal that can win the war against cancer—not just prolong it for a few months.

That's why I've asked the research team at HSI to pore over all our years of discoveries, contact every member of our network, and put together a very special library for your bonus *Special Research Alerts*.

### **The very same cure I chose for my own father**

Years ago, my father's leukemia took a turn for the worse. He was getting weaker by the day and fighting a bad case of pneumonia, which alone was likely to kill him. After two weeks confined to a bed in a New York hospital, he beat the pneumonia.

But just days later, his oncologist had bad news. A recent course

of chemo he'd undergone hadn't worked. His blood counts were dangerous and his doctor wasn't sure what to try next, if anything.

Now, my father has never been a believer in natural medicine. When I would suggest new breakthroughs for him to try, he would say, "If it were worth knowing about, my oncologist would know about it."

But with all other options exhausted, he finally agreed to try one of the miracles the HSI research team had uncovered.

So I ordered him a starter dose of a hybridized mushroom extract that we had written about in a recent issue of our exclusive members' newsletter.

### **Just six weeks later, his oncologist stood in front of him in disbelief**

The doctor said my father's blood counts were the best they'd been in over 10 years. So my father, the non-believer, was forced to believe.

And even though I'd always known HSI's work was important, now...

### **I saw first-hand what a dramatic difference our research made.**

Obviously, when I asked the team to pull together the most effective cancer cures we'd uncovered, I made sure the one that helped save my own father was at the very top of the list.

We actually lost my dad a little while ago. But I thank God every day that I discovered the miracle mushroom that helped him when I did. It gave us 7 more years with him...7 years that he could watch his grandson grow up (and start playing the electric guitar!), see his beloved Giants win another SuperBowl (against the otherwise undefeated Pats), spend Thanksgiving around the table with his family, and just be there for all the little moments in between. Without this miracle, he would have missed all of those memories—and we would have missed them more.

Please, please don't wait to discover your cancer miracle.

HSI's *Special Research Alerts* includes all of the best cancer fighters our research has uncovered. And it's yours free...RSVP now!



### **"Specialists said my husband was INOPERABLE AND INCURABLE"**

But then she picked up an HSI report... *"My husband was diagnosed with cancer that was 'inoperable' (too many tumors on his liver) and 'incurable'...he looked and acted 150 years old... the doctors said they could not give him any more chemo..."*

*Something seemed to tell me to review the [alternative medicine] materials I have and I started doing so, even though Larry had scoffed at alternative medicines. The first article I picked up was a Health Sciences Institute newsletter devoted to describing a medicine made from special mushrooms grown in Japan...*

*I ordered it...immediately by phone. A few days more, I ordered two more alternative medicines. From Larry's 1st mega dose of [the extract], he began improving almost overnight. He was able to keep down and enjoy most foods and liquids and began regaining his weight and strength, looked and felt almost 100% better. The cancer specialists started Larry on chemo again."*

### **"The doctors were flabbergasted..."**

*"[When Larry had his next CAT scan,] the tumors on his liver had shrunk 50%. The doctors were flabbergasted and asked Larry what he had been doing. He brought the medicines and the HSI report...for them to look at. They told him to keep taking the alternative medicines."*

### **"The tumors were actually gone!"**

*"[Eventually] Larry's blood test showed the CEA [a blood indicator for tumors] had fallen to 1.8. Since 4 or less is considered normal, the doctors were very excited. [Then, after his next CAT scan, the radiologists] all finally decided that the tumors were actually gone."*

*Larry's next blood test showed shrinkage of the CEA to 0.9. Since 0.7 is as low as the CEA can be measured as of now, this was fantastic. His next blood test showed the CEA at 0.8. Larry... has always believed that the [extract] is the medicine that has helped him the most. Every day we both fervently thank God."*

—Jocelyn W., Pryor, OK

## **Chapter Nine**

# **FORBIDDEN CANCER TREATMENT—**

## **From the same man who discovered vitamin C!**

Establishment doctors turned their backs on it

A HUNGARIAN DOCTOR discovered vitamin C and got a Nobel Prize for it in 1937. But here's something very few people know: The same doctor ALSO identified a natural cancer-fighting compound in wheat germ.

Establishment medicine is so hostile to natural therapies, even winning a Nobel Prize doesn't protect you. True, the doctor's findings were published about 40 years ago by the National Academy of Sciences. That's the top of the line when it comes to scientific prestige.

But his startling discovery was ignored by a medical community hell-bent on killing cancer cells with chemo and radiation.

You don't have to pay the price for their tragic greed and ignorance, because alternative doctors found a way to go forward with the research on wheat germ.

## **The Almighty gets some of the credit**

It wasn't easy. At one point, the money situation was so hopeless the doctor was about to cut half of all his research, so he got down on his knees and prayed to the Virgin Mary.

The next day, an investor came through with a check for \$100,000. The grateful doctor named the supplement "Aveamar," short for Ave Maria, which is Latin for "Hail Mary."

**Supplement reduced the effects of  
cancer by nearly 67 percent**



In a study of patients with colorectal cancer, upwards of 67% of patients had improved quality of life, longer life and even complete remission using the supplement.

Wait, it gets even better. In the same study, those on the wheat germ extract slashed their risk of some form of a relapse nearly 80 percent!

Studies have also shown that standard therapies such as chemo are up to *twelve times more effective* when the patients also take the natural immune-system booster discovered by the Hungarian doctor.

What's more, patients who took the wheat germ compound suffered much less from chemotherapy's dreaded side effects. The supplement reduced nausea, fatigue, weight loss, and immune-system suppression. Many patients *got better*, and they *felt better* while they were at it.

### **This wonder food is not just for cancer.**

You'll be thrilled to know that healthy people can benefit, too. The supplement is an all-around immune system booster!

Please be aware that you won't reap the benefits just by eating wheat germ from the supermarket. This special supplement is a compound extracted from wheat germ and *fermented* by an exclusive, patented technique. It's probably not a good option if you're allergic to wheat, but other than that, it's...

### **"...as safe as whole wheat bread"**

...according to an independent panel of experts. It's actually classified as a food in Hungary, where it's now a standard cancer therapy. It's also available in—and deemed safe by—many other countries from Switzerland to Australia.

It would take too much space to tell everything you need to know about this wonderful discovery. When you join Health Sciences Institute, we'll rush you...

**TWELVE free *Special Research Alerts*—a complete library of cures the "health police" would keep from you—if they could.**

The wheat germ extract is just one example of the awesome health breakthroughs you never hear about.

## **Chapter Ten**

# **THE ONE-STOP SOLUTION TO NEARLY EVERY HEART PROBLEM**

- Worst heart cases get better in only two weeks
- Cuts "bad" cholesterol by two-thirds
- Stops angina better than nitro – with zero side effects
- Reduces blood pressure and even promotes weight loss!

*Cancel the bypass surgery?*

**O**NCE IN A BLUE MOON, Health Sciences Institute uncovers a natural remedy that does so many things it's hard even for us to believe it.

But this is for real. We know that much for sure, and we can prove it with the kind of double-blind, placebo-controlled studies the medical establishment calls "the gold standard" when it comes to proof.

This "super herb" is good for more than your heart, too. We need to learn more, but it may ALSO prove to be a powerful cancer-fighter AND a potent cure for infections ranging from salmonella to pneumonia.

Remember, I'm talking about one plant. Not a formula, just *one plant*.

### **Bad cholesterol drops FAST**

One test showed "bad" LDL cholesterol plunged an average of 25.6 percent after a mere 30 days on the supplement. The control group's cholesterol didn't change a bit.

But that's nothing! *In another test, bad cholesterol levels went down two-thirds in 60 days!*



What's more, the herb has NO adverse side effects. It's totally safe. That means you could get out of the statin drug trap once and for all.

If you're on statin drugs or your doctor is bugging you about your cholesterol, you've GOT to check this out. We'll send you all the details in HSI's *Special Research Alerts*—yours free when you become a member of Health Sciences Institute.

### **Equals prescription drugs for angina, slashes angina episodes by half**

The herbal remedy is a godsend for more than six million Americans who suffer from angina. These folks experience frightening chest pains that can make them think they're having a heart attack.

The most common prescription drug for angina is nitroglycerin. But nitro has a major drawback: Each time you use it nitro is less effective. I'd say that's a problem.

And if that's not bad enough, nitro can also cause light-headedness, dizziness, a rapid pulse, and blurred vision.

A distinguished foreign medical school investigated and found that the herbal remedy outperformed nitro in a head-to-head test. Even more exciting, the herbal remedy had NO side effects. NONE at all.

And unlike nitroglycerin, the herbal remedy doesn't lose its power over time. It works as well the last time you use it as the first.

In another study, the number of angina episodes went down by half. Better yet, the test participants lowered their blood pressure and even lost a bit of weight.

### **Cholesterol drops 78 points in a month!**

*"I just had to e-mail you and let you know how much you have saved me from having to be on Zocor!!! Besides being a prescription drug and costing over \$150 per month, it was not lowering my cholesterol. Then one day in your Alert, I read about [your herbal solution]...In one month's time my cholesterol lowered from 277 to 199!"*

F.B., Member

What more can you ask? Well, actually, a lot more...

### **Most severe heart cases improve in two weeks**

Patients suffering from congestive heart failure are classified into four groups, ranging from mild to severe. Those in the worst group, class IV, are darn near hopeless.

In a study of the herb, class IV patients improved so quickly they were reclassified as class III in only two weeks.

And what is this natural wonder? Something new from a supplement maker eager to make a buck? Not at all! It's another gift from India's 2,700-year-old tradition of Ayurvedic medicine.

Yup! People have been using this stuff for almost 3,000 years—*safely and effectively*.

### **How on earth can medical science ignore this?**

Good question. The answer is, the system is geared to making

*(continued on page 44)*

### **Tuna extract beats blood pressure drugs?**

Your free report also features a new blood pressure breakthrough—the Asian bonito fish, a relative of the tuna family. But I don't mean you should eat the fish. In fact, that won't do you any good.

For 1,500 years, the Japanese have used the fish to make a highly-prized traditional seasoning—and the new blood pressure remedy is actually made from the residue they used to throw away after making the sauce! One man's trash turned out to be another man's treasure.

A Japanese doctor learned he could separate, purify and ferment these valuable fish proteins into an extract that relaxes blood vessels. Clinical tests prove it's better than expensive ACE-inhibiting drugs. What's more, the fish extract is cheaper AND safer.

This may be the most powerful answer to blood pressure yet!

**One of 12 Special Research Alerts  
for New Members**



## My "desert island" answer to heart failure

There are so many different natural solutions for everything from cancer to heart disease to pain to allergies...

Friends often ask me which is the best one—the one I'd have to have if I were stuck on a desert island.

***If I thought I was at risk for heart attack or stroke, it's no contest.***

My choice would be a super-potent enzyme found in a cheese-like Japanese food called natto, made from fermented soybeans. The supplement is called "nattokinase," which just means "natto enzyme."

The reason is that heart attacks and most strokes occur when a blood clot closes off a blood vessel. If the blood vessel goes to your brain, you suffer a stroke. If it goes to your heart, you have a heart attack. If you can dissolve the clot quickly, the problem is over.

Have you heard you should take an aspirin if you think

you're having a heart attack? They tell you that because aspirin is a *blood thinner*. It will help break up the clot.

### Mother nature does it better

Aspirin is better than nothing, but *nattokinase*—the enzyme I'm talking about—is probably the most potent clot-buster on earth, natural or synthetic according to in vivo studies. If you're lucky enough to get to an ER, they MIGHT give you a clot-busting drug (cost: \$20,000 per dose). But they probably won't. Many hospitals don't even have it in stock.

Besides, nattokinase is more powerful. As often happens, a natural substance outperforms any product the big drug companies have come up with. What's more, natto has been tested and proven effective upwards of an hour. Compare that to the \$20K stuff, which peters out in less than 20 minutes. But most

important, you can take nattokinase at home at the first sign of a problem.

### It could become the biggest heart breakthrough in history

The natto story is unfolding even as I write this. It may turn out to be the best all around heart, cholesterol, blood-pressure and plaque-fighting remedy ever found.

Early human and animal tests already show it slashes blood pressure within days and it might even dissolve the deadly plaque that lines arteries.

But even though nattokinase is a natural remedy—it's a powerful one. So you shouldn't mix it with prescription heart, stroke or blood pressure drugs. Consult a qualified health professional about whether nattokinase is right for you. And keep an eye on future issues of our Health Sciences Institute newsletter for breaking news about this natural miracle.

## WE SCOOPED 'EM ALL...

Health Sciences Institute was the first to break the exciting news about nattokinase, in our March, 2000 issue. Back then, you couldn't even get the stuff in the U.S.

So you've got a clear choice when it comes to alternatives: You can wait a year or two until someone else copies our latest discovery. Or you can wait 5 or 6 years till the mainstream press picks it up. Or you can wait up to 17 years for a drug company to patent an imitation and charge a fortune for it.

Or you can join the 127,000 doctors, scientists, health practitioners and informed citizens who belong to Health Sciences Institute—and be the first to get the latest breakthrough.



money, and there's no money in a natural remedy, even one that's proven effective for almost 3,000 years.

If a plant remedy can't be patented, it may as well be grass clippings from your lawn. If there's no patent, the drug company can't own all the rights and reap billions.

Next time you're in a library, just look at a medical journal, the kind doctors read to keep up with new developments. Almost all the ads are from big drug companies.

And maybe it's not obvious, but most of the "editorial" content reports the results of studies on—you guessed it—pharmaceutical drugs. And the studies are funded by—you guessed it—the drug companies.

In other words, basically ALL medical literature is funded and created by drug companies. What they call "continuing education" in the medical profession is a succession of drug company ads—some actually labeled "ads" and some labeled "scientific research."

### **It's a closed circle, and you won't get out of it unless you take yourself out of it**

Every month Health Sciences Institute brings you breaking news on alternative treatments and nutrients your doctor will never see in the publications he or she reads. Often, we're the first to discover and publicize new alternative health solutions. In fact, we're usually the first.

As soon as you join, we'll send you all the information you need about the Ayurvedic heart remedy from India, plus other heart and stroke solutions, in HSI's *Special Research Alerts*.

Just mail us the Membership Application enclosed with this book.

## **Chapter Eleven**

# **FIX 12 YEARS OF MEMORY LOSS...AND STOP ALZHEIMER'S DEAD IN ITS TRACKS?!**

*Patients with the most damage see the greatest improvement*

AND IT'S NOT JUST PEOPLE with advanced cases who can benefit. These breakthroughs could help ANYONE who needs a memory boost—and who doesn't? I don't mind saying my own memory isn't what it used to be!

*That's exactly how Alzheimer's begins.* It's a long slide down to a very dark place, a place where you can't even recognize your own family or remember your own name.

### **DON'T SIT BY QUIETLY...**

### **We now have the tools to stop it**

Learn about how Thomas Crooks co-wrote the landmark study on a memory supplement that was published in the medical journal *Neurology*. He says that researchers noted that in one way in particular it was as if the supplement...

### **"may reverse approximately 12 years of decline"**

He's talking about a *food*—for crying out loud. It's an essential fatty acid called Phosphatidyl serine, or PS.

In a study of folks over 50 with memory loss, Crooks and his colleagues saw dramatic memory improvement take place in only 12 weeks. *Amazingly, those with the most memory loss enjoyed the greatest benefit.*

PS is just one of a bagful of mind-saving miracles I'll tell you about in the next two minutes. But how come you never hear about these breakthroughs in the United States? Let me answer you by saying...



## **"Dear FDA: We can't wait 17 years when the answers are here now"**

We're in the midst of a national crisis. Our nursing homes are already packed with tragic Alzheimer's victims.

Meanwhile, the evidence that we can SOLVE ALZHEIMER'S is so impressive, folks are snapping up these natural remedies like a hot Internet stock—everywhere in the world except here.

One of the natural cures is used in 15 European countries and is backed by dozens of clinical studies on thousands of patients.

But when it comes to natural remedies, U.S. drug companies won't spend a single penny of their billions—which they get from us, after all.

Maybe they think they can cook up a synthetic version of these treatments, but why should we wait 17 years? That's the typical amount of time it takes for important research to trickle down to doctors and hospitals, according to a study by the National Academy of Sciences.

Mountains of red tape and bureaucratic nonsense keep us from getting the treatments we need, not just PS, but others, too. Here's how to free yourself from their tyranny...

## **Most people get better in only four weeks— at a cost of pennies per day**

For centuries, an extract of *Chinese club moss* has been used in traditional Chinese medicine to treat fever and inflammation. Chinese scientists had a hunch it might help people with memory loss, too. And boy, were they right!

One study of 202 patients suffering from age-related memory loss showed *after only four weeks, 70 percent of those tested showed improvement in cognitive function and quality of life. Seven out of ten.*

The plant extract not only stopped memory loss, it reversed it!

Now a professor of pharmacology at Georgetown University admits the Chinese herb "may actually slow the progression of Alzheimer's disease." The Georgetown researchers declare the extract may be...

## **Superior to the leading drugs approved for treating Alzheimer's**

What's more, we have a pretty good idea of why the plant extract works. In Alzheimer's, a body chemical called AchE runs amok and destroys a vital neurotransmitter called acetylcholine, or AC.

How important is AC? VERY. If you're able to read this, you can thank your healthy levels of AC.

As we age, our AC levels go down naturally. But in Alzheimer's, something goes horribly wrong, and the brain tissue that produces AC is the first tissue to be destroyed.

Scientists know that in advanced Alzheimer's patients, AC levels plunge by 90 percent.

*If you can hang on to your AC, you can hang on to your memory.* This is NOT quack medicine. It's good science, accepted by mainstream and alternative doctors alike.

The Georgetown team AND researchers at an Israeli institute found the club moss extract specifically inhibits AchE, the bad chemical in your brain that destroys your AC.

## **Result: you can remember where you left your keys**

You'll learn everything you need to know when you join Health Sciences Institute. It's all in the free *Special Research Alerts* we send to every new member.

The Research Alert reveals no less than three exciting solutions to memory loss. We show you how to order the club moss extract. What's more, the club moss formula combines the herb with six other brain boosters.

One of these powerful supplements is alpha-lipoic acid or ALA, proven by a German study to stop Alzheimer's cold. The patients who take ALA stop sliding downhill. Period.

The formula also features PS, the essential fatty acid I mentioned at the beginning of this chapter. More than two dozen clinical trials confirm the power of PS to improve learning and memory.



## **You don't have to wait for the cure**

Our researchers describe this remedy, and the other memory-savers I've mentioned, in detail—with everything you need to know—in your free copy of HSI's *Special Research Alerts*. Send for yours today. We enclosed a Membership Application for you.

## **Chapter Twelve**

# **A RARE PROSTATE HERB SO POWERFUL... THE GROWERS WANT TO KEEP IT ALL FOR THEMSELVES!**

**But we've found a source. Keep reading...**

**Our source claims that 16 men with advanced prostate cancer were totally cured. And hundreds of patients prove almost 100% success in treating enlarged prostate.**

**P.S. It's good for women, too!**

**I**F YOU'RE TIRED OF SUPPLEMENT makers who try to sell you some new herbal cure for sky-high prices—here's a refreshing change:

The Asian country that grows this prostate herb wants to keep every ounce of it for the home market! That's how good it is. At one time, it was even reserved for the royal family and called "Medicine for the King's Palace."

The country I'm thinking of is Vietnam, and that's a name you don't hear often in the world of alternative medicine. You should—and you will—because a couple of years ago Health Sciences Institute began to research and publish the best of Vietnam's rich legacy of traditional medicine.

Our first discovery was another HSI first in North America. It's a remarkable plant proven to clear up the symptoms of enlarged prostate in 92.6 percent of the men who try it. I'm not talking about anecdotal cases involving one or two men. No way!



## 144 out of 149 men cured of BPH?!

### Can you believe it? How are they hiding this from us?

If you're a male of a certain age, you probably know about enlarged prostate, also called benign prostatic hyperplasia or BPH.

If you suffer from BPH you feel like "you've gotta go" over and over again—especially at night, when you're trying to get some sleep. Sometimes urination is painful, and often the stream is weak and interrupted because the swollen prostate shuts off the tube—called the urethra—that the urine flows through.

If those symptoms sound familiar, HSI's *Special Research Alerts* could be the answer to your prayers. Health Sciences Institute will rush you a copy as soon as you become a member. We enclosed a loose application for you and you'll find extras at the end of the book.

Join us today! Because there's more...

BPH is bad enough, but you can live with it, and millions of men do. Not so when it comes to the most dreaded prostate problem—cancer. Prostate tumors are so common you're just about sure to get them if you live long enough.

The Vietnamese "Medicine for the King's Palace" has been highly successful in TOTALLY CURING PROSTATE CANCER. It's the absolute truth. In one study, 16 men with *advanced* prostate cancer were completely cured. Biopsies confirmed it. And American cancer victims will tell you the same thing...

An American with a special interest in prostate cancer got wind of the Vietnamese remedy and tried it himself.

You see, Ken Malik, the guy I'm talking about, was not only a prostate cancer victim but he actually co-founded and ran the Prostate Awareness Foundation, a non-profit group based in San Francisco.

Ken had enjoyed some success over an eight-year period with a popular remedy called PC Spes. You may have heard about PC Spes because it got a lot of press. But it was pulled off the market when it was found to contain non-natural and possibly harmful ingredients.

## The PC Spes fiasco turned out to be good luck for Ken!

Suddenly left without a treatment he thought he needed for his prostate cancer, Ken scrambled for a replacement. He found the Vietnamese herbal. And after just ten months on the remedy, a biopsy indicated his prostate was completely free of cancer cells!

Ken was so excited he organized his own test with ten fellow members of the Prostate Awareness Foundation. After only three months all of them experienced improvement.

In one case, a 58-year-old man's PSA count was an astronomical 93. (A reading of less than four is considered normal.) That's enough to scare the daylights out of most guys, and in this case the fear was well-founded. Tests revealed the man's cancer had spread to his bones, intestines and lymph nodes.

A conventional medical doctor would have told the man to make out his will.

Instead, the "terminal case" went on an aggressive herbal program that included the Vietnamese prostate herb. *In only four months his PSA was down to 0.9.* That's not a misprint—his PSA score was *less than one*. What's more, many of his disease symptoms disappeared. To put it plainly, he felt better.

### It's hard to get, but HSI found a way

The herb is so popular as a prostate AND ovarian treatment in Vietnam, the government forbids exporting it. They want to keep this precious substance for their own citizens.

Not to worry. Health Sciences Institute located an exclusive source. Because the supply is so limited, we must share the information only with our members. But you'll receive everything you need to know in the free report. We have no connection to any supplement company and we don't profit from your decision.

To find out more, send in the Membership Application enclosed with this book (there are extras on the last few pages, too).



# CONTROL YOUR BLADDER THE NATURAL WAY

**Dear Corporate America,  
You can keep your overpriced diapers...**

**I**F YOU'VE SEEN THOSE TV ADS for Depends and similar products, you might wonder what our "golden years" have in store for us. Will we have to have worry about our bladders every minute?

No way!

At Health Sciences Institute, we're convinced that nature has an answer for everything our bodies need. That includes a healthy bladder. Now, thanks to one of our distinguished HSI panelists, Dr. Allen N. Spreen, we can bring our members...

### **Another Health Sciences Institute First**

When Dr. Spreen tells us he's got important news, we listen. He's an M.D. and one of the heavy hitters on our Advisory Panel. That's saying something, because every member of our panel is a star in the world of alternative medicine.

Dr. Spreen has not only helped thousands of patients in his private practice, but he's also helped *millions* through TV's Discovery Channel, America Online's natural health website, and his trailblazing books on nutrition.

One of his books, *Nutritionally Incorrect*, has been called the Bible of sound nutrition.

A few months ago, Dr. Spreen told us he and his team had found a natural solution to bladder health. You can bet we stopped the presses and rushed the news to our members! What's the big deal? If you've ever had your bladder control your day, you darn well know...

### **Every day can be an emergency**

And if you think it's not an "emergency," you've never been hit with that terrible "oops" experience—without warning—at a party, or on the golf course, or in church. No matter where it happens, one thing's for sure—it's ALWAYS a bad time!

Of course the usual corporate types are rushing to cash in with band-aid solutions that keep you coming back to the store every week to plunk down your money. We knew there had to be a better way.

### **Most solutions are "all wet"**

Dr. Spreen and his team of researchers combed the world's scientific and medical literature to find EVERY herb, mineral, vitamin or other nutrient that's said to improve bladder health.

Then they really got down to work.

They *evaluated* each of these alternative foods and remedies. But they found most of them don't have what it takes.

That's okay. You don't need dozens of remedies, you just need one or two that work. And out of that long list of possibilities, Dr. Spreen's team finally found the herbal answers.

### **An ancient solution for your bladder**

Under the common name *three-leaf caper*, the first herb has been renowned for centuries in the Ayurvedic tradition of India. Yes, this 2,700-year-old body of medical knowledge has produced yet another breakthrough.

The ground-up bark of this Himalayan tree is so highly regarded for its healing properties that it's often grown near places of worship. That's why the tree's botanical name is *Crateva religiosa*.

I can tell you this for sure: A lot of our readers thank God for the relief!

The second herb, horsetail, is found closer to home. It's known to soothe the lining of the urinary tract. More than that, the researchers found it reduces muscle spasms and supports the



sphincters that give us voluntary control.

### **This formula lets you decide when to go!**

Both herbs are available in a single, proprietary preparation available from only one source. We'll tell you all about it in your **FREE BONUS Special Research Alerts**.

If you join HSI as a new member, we'll rush you a copy right away.

I could go on all day about the remarkable power of these herbs...the way they can give you back control of your life and let you socialize or enjoy sports and other activities...how you can sleep all night without getting up to go...and how you'll make fewer trips to the bathroom during the day.

There isn't enough space here, so get the free report. Just send in a Membership Application from the end of the book, or the loose one we enclosed in the envelope. We included a postage-paid envelope, too!

**For a full summary of membership privileges, including TWELVE free Special Research Alerts, see Chapter 15, page 59.**

## **Chapter Fourteen**

# **THE "MISSING LINK" IN YOUR ENERGY LEVEL**

**...is a rare nutrient now available in supplement form for the first time. The only "drawback" might be *too much* energy... but you can always cut back on this food!**

**P.S. It's good for your heart, too.**

**I**F YOU WANT A ROCKET to take off, it makes sense to fill it with rocket fuel, don't you think? You don't pull up to a gas station and fill it with unleaded regular.

Your body's rocket fuel is a substance called ATP, an enzyme inside each and every cell that makes it go. If you want to boost your energy at the cellular level, you've got to get your ATP levels up.

### **The real reason you feel tired all the time**

The problem is, it's not easy to boost your ATP. Our bodies make ATP in a complex, multi-step process that just plain fails to work in many of us. ATP levels can fall as we get older or if we suffer from heart disease, fibromyalgia or a whole range of other conditions.

One of the body's critical building blocks for ATP is a certain rare type of sugar.

This sugar is not the stuff on your table, much less the corn-syrup junk that corporate food giants put in sodas and other processed foods (with our government's blessing.) What's more, this type of sugar does no harm to diabetics. In fact...

### **The sugar you need is not found in any food! Your body has to make its own.**

The sugar your body needs is called *ribose*. Your body can make ribose naturally, but it takes several enzymes, and those enzymes are



lacking in your heart and muscle cells.

Worse yet, no foods contain ribose in any substantial amounts. But when our hearts or muscles are exhausted, they *need* ribose to make ATP. I'd call that a problem. No wonder so many of us are tired all the time!

### Another Health Sciences Institute "first"

Now there's an answer—from Hyla Cass, an M.D. who serves on our distinguished Health Sciences Institute Advisory Panel.

At HSI we're so used to high-powered doctors and scientists that we get a little blasé about them—but not about Dr. Cass!

She's a former Assistant Clinical Professor at the world-renowned UCLA School of Medicine. She's also written a shelf-full of books such as *8 Weeks to Vibrant Health: A Woman's Take-Charge Program to Correct Imbalances, Reclaim Energy and Restore Well-Being*.

I guess she follows her own energy advice because she's a one-woman ball of fire! Somehow she finds time for charitable work with Vitamin Relief USA, a nonprofit group that provides daily supplements to children in need.

### Get your energy answer from an energy expert

Dr. Cass is a renowned national authority on energy and chronic fatigue. She's always on the lookout for ways to tackle this hard-to-treat problem, so she was really excited when she came across the new discovery.

The breakthrough is actually in the manufacturing process. This is a case of high tech working hand in hand with natural medicine. You see, even though ribose is seldom found in food, supplement makers *can* synthesize it in a lab—but only at very great expense.

*Until now, that is.* The new discovery makes it possible to manufacture ribose inexpensively. Anyone who needs a lift can afford it.

The new supplement is *chemically identical* to the ribose your own body makes. And early results show the supplement can work *virtual miracles*—even in the hardest cases of fatigue.

### Wipe out pain and fatigue in two weeks

The hardest cases of chronic pain are caused by fibromyalgia—a form of chronic fatigue and pain that has scientists totally stumped. No one knows what causes it, but it can reduce vibrant young people to near-invalids who can't climb a flight of stairs.

Dr. Cass relates the story of Kris, a veterinary surgeon and researcher at a major university. At age 37, this accomplished woman had to give up her work after fibromyalgia hit her. The disease had ruined her life.

But then a wonderful thing happened...

Kris started supplementing with ribose and felt better within ONE WEEK. And within six weeks she was close to feeling like her old self again. But the *real proof* is what happened when she stopped taking ribose. She quickly became debilitated again, lost all the function she had regained and the pain returned too. That's until Kris returned to...

### Nature's astonishing "Miracle Sugar"

Dr. Cass also reports amazing results in people with heart problems. Extra ribose can offset the energy drain that often goes along with congestive heart failure, artery disease and related heart conditions.

What's more, it's not just a matter of relieving fatigue. The new supplement may actually help *reverse* heart disease, because low ATP and ribose can starve the heart of oxygen.

Can healthy folks benefit from ribose supplements? Absolutely! Dr. Cass says athletes can take up to 5 grams to supercharge their workouts. That's about one teaspoon. Even couch potatoes can benefit from low doses of ribose.

### And how about safety?

You'll be happy to know you can mix ribose safely with any medication. Thousands of patients have taken it. There are no side effects even at 60 grams (a whopping 60,000 milligrams) a day. And that's *twelve times* the recommended supplement of five grams per day.



Think about it. Your body makes ribose naturally and it works with your body's own chemistry. What harm can the supplement possibly do? The jackbooted thugs at the FDA will have a hard time coming up with scare stories about this one.

### **Okay, there may be ONE side effect...**

Dr. Cass says, "The only warning I give patients is that it may cause over-stimulation if taken too close to bedtime. In that case, I recommend that they take it earlier in the day."

If you want more energy, I bet that's a chance you're willing to take!

To find out more, just become a member of Health Sciences Institute.

Mail us the loose Membership Application we enclosed, or one of the extras bound into the end of this book. You'll get all **TWELVE FREE RESEARCH ALERTS**—a full library of rare, forbidden and banned alternative cures.

### **Can you afford to be without this information?**

Almost every cure I've mentioned in this book is an HSI first—our members knew about them before anyone else. The medical establishment has successfully kept this information out of our country, so even alternative doctors often don't know. Or they know, and they're afraid to tell you for fear of losing their licenses!

Make sure *you're* in the loop! Get the full collection of free *Special Research Alerts*—plus your monthly issues of our newsletter **AND** our daily e-mails.

## **Chapter Fifteen**

# **YOUR MEMBERSHIP PRIVILEGES**

### **12 Free Special Alerts...and much more**

**W**HEN YOU JOIN Health Sciences Institute, you receive the **12 FREE Special Research Alerts** I've described in these pages.

But valuable as they are, the free Special Research Alerts are just the beginning of your membership privileges when you join Health Sciences Institute.

**In fact, all the cures in the Research Alerts appeared *first* in one of our monthly bulletins.**

As a member, you receive a new, fresh 8-page report every month with breaking news on the very latest developments in the world of alternative health. Every breakthrough in this book appeared first in the monthly newsletter.

If you've never seen this publication before, you're in for a surprise...

### ***We don't report the news—we make the news***

With our home office staff, plus the 15 renowned doctors and researchers on our Advisory Panel, **PLUS** our network of informants in universities, clinics, institutes and laboratories all over the world...

We bring you original discoveries and path-breaking research never before published. These are stories you will see nowhere else. Nearly every treatment I've described in this book was a Health Sciences Institute scoop.

You'll find out what I mean—one issue of our monthly alert will make you a believer. But membership goes beyond that...



### **You can receive an informative e-mail each and every day**

That's right. You get more than a monthly issue. Every day, we send an e-mail Alert with new discoveries as well as our comments on the day's health news.

The e-mail Alerts briefed our members on the Vioxx fiasco three years before the drug was pulled off the shelves. And we tell you the truth about those ridiculous studies that "prove" natural remedies such as vitamin C or E or Echinacea don't work. It seems like every day there's another one.

They're mostly nonsense designed to mislead you.

This is important, because the medical establishment works around the clock to attack natural medicine. The daily e-Alert provides a valuable balance to their daily, non-stop disinformation campaign.

### **Unlimited access to our priceless database of health information**

There's no price I could possibly put on this next benefit: You can search our Internet archives for whatever we've published on any health subject you want.

It's a complete health library—a virtual alternative health encyclopedia, at your fingertips. And our search engine finds what you want *fast*.

That means if there's something you need to know now, you can pull up everything we've published about it within seconds. Our huge archive includes not only our 8-page monthly issues but also thousands of daily e-mail Alerts. They're all a mouse-click away in the online archive.

### **A quality filter to protect you**

Sad to say, there are no formal quality standards for supplements and alternative remedies. Alternative medicine can be like the Wild West. But you have our assurance that we carefully screen suppliers and products and publish information about **ONLY THE BEST**.

By the way, that may not mean the biggest or most famous. We've found that lesser-known firms often offer the highest quality.

### **Discounts and priority treatment, too**

If you've read this book, you know that some of the remedies and supplements we discuss aren't easy to find. Some are rare, and many have only one source. Often, there's only one source that WE trust.

As a result, supplies can be tight, and when that happens we intervene on behalf of our members. You're not just the first to *know* about new remedies, you're the first to get them. Your membership puts you at the front of the line.

What's more, in many cases we're able to negotiate special deals and discounts for our members—for one thing, the folks on our Advisory Panel are often on the research teams that develop the treatments.

### **Get in on the ground floor of new research**

From time to time we're able to offer members the chance to take part in research trials on the most promising new breakthroughs. That means you might receive the treatment at greatly reduced cost or even FREE.

What's more, if you have an "incurable" health condition and nowhere else to turn, this means you don't have to wait years for a new discovery that could bring you healing and relief. We believe you have the right to make your own decisions.



## Every New Member Receives 12 Free Reports

You'll never again put up with a medical problem for years...

Or even lose someone you love...

Only to discover there was a cure all along, but America's health police kept it from you!

Health Sciences Institute is your vital, life-saving information pipeline to the outside world—a world of cures the billion-dollar drug giants don't want us to know.

### FREE REPORT #1: 6 Natural Cancer Cures THEY DON'T WANT YOU TO HAVE

The rain-forest plant that's 10,000 times stronger than top chemotherapy drugs—and kills ONLY cancer cells. A big drug company tried to conceal it forever...The marvelous mushroom extract that eliminated ALL cancer cells in more than half the people tested...A wheat germ compound discovered by the same Nobel Prize winner who discovered vitamin C. It reduces cancer fatalities by an incredible 62 percent!... **PLUS THREE OTHER NATURAL CANCER-FIGHTERS**—and you can take five of them to prevent cancer, too.

### FREE REPORT #2: Diabetes Defeated: From Insulin-Dependent to Non-Diabetic in 6 Weeks Flat

Health Sciences Institute Panelist Jon Barron helped develop a revolutionary five-herb formula that could mean salvation for millions. *82 percent who try it get better*, and the product is so popular the maker can barely keep it in stock! Blood sugar levels plunge 20 percent, 29 percent, 35 percent, 51 percent—*within weeks*. But it gets even better: Cholesterol tumbles, too!

### FREE REPORT #3: Natural Energy Boosters

Count us in! The secret is a rare type of sugar not found in any food. Your body has to make its own, in a complex process that just plain doesn't work in people who suffer fatigue. Now this vital

nutrient is available for the first time as a supplement, and it has people running sprints who used to be too tired to climb a flight of stairs! The rare sugar (harmless to diabetics) is a critical building block for ATP—the vital enzyme you need to energize each and every one of your cells.

### FREE REPORT #4: Stop Memory Loss Dead in its Tracks

One herb *stops the progress* of Alzheimer's and another actually *reverses* it. You'll learn both in this free Special Research Alert. A respected scientist says the nutrients "may reverse approximately 12 years of decline"—and that goes for ALL of us who have memory problems. *Seven out of ten experience measurable memory improvement within four weeks.*

### FREE REPORT #5: Cut Calcium Loss By 69%: Today's Medicines for Women

The osteoporosis "experts" are wrong about calcium. Over-supplementing with calcium may be bad for your health because most of it ends up in your soft tissues, where it causes harm. The real problem is calcium *loss*, not a deficiency of calcium in your diet. And this Special Research Alert features a natural cure that cuts calcium loss *by more than two-thirds*. Another Health Sciences Institute first, and the early results are astounding!

### FREE REPORT #6: The Secret Cures for Heart Disease

Cuts cholesterol sharply in 30 days...Reduces the number of angina episodes *by half, without side effects* (much better than the leading prescription drug)...Brings down blood pressure...And you may even lose a few pounds without dieting! In a placebo-controlled study, patients with final-stage congestive heart failure got better in *two weeks*. **It may sound like five different herbs, but in fact, it's just one!** Sometimes we find a natural remedy that does so many things, it's hard even for us to believe it. But this is for real. **PLUS:** The heart-failure remedy we'd want with us on a desert island. Results are just starting to come in, but it may be the most promising natural heart and stroke solution ever found. Another HSI first.



### **FREE REPORT #7: The Powerful Prostate Antidote: Today's Medicines for Men**

Traditional Vietnamese medicine is one of the most overlooked treasures in the world—but not by us! This report brings you a rare prostate herb so effective, Vietnamese authorities don't want it to leave the country. Solves nine out of ten enlarged prostate problems and totally eliminates prostate tumors. We've found an American source for you.

### **FREE REPORT #8: Control Your Bladder the Natural Way**

Who wants to wear Depends or plan their life around bathroom breaks? Nobody, that's who. Now you don't have to. HSI Panelist Allan Spreen, M.D., was one of the brains behind bringing this natural solution for bladder support. After reviewing every food or nutrient in the world that's believed to support bladder health, this team created a formula that puts you back in charge.

### **FREE REPORT #9: Pain Free for Life**

When international scientists decided to cure arthritis, they first looked at native peoples who never get the disease—and analyzed what they ate. After two decades of research, the surprising result is the extract of a New Zealand mussel. It's related to the omega-3 fatty acids that help prevent heart disease, and it beats the pants off drug-company anti-inflammatories—with NO side effects.

*ALSO IN THIS REPORT: A sublingual (under-the-tongue) herbal spray that relieves migraines in two out of three patients—in minutes.*

**PLUS: Six more natural painkillers.**

### **FREE REPORT #10: Clear Up The Flu In 8 Hours Flat**

Back in the dark days of the Cold War, the Russian military needed to find an antidote to the very germ warfare agents they planned to use on us! Their microbiologists set out to analyze 600 products that protect against powerful killers like anthrax. In the pages of this Special Research Alert, you'll learn the very best they found: a totally safe natural remedy that wipes out cold and flu with amazing speed. I'm not talking about symptomatic relief. I'm talking about a total cure.

**And there's a strange angle here.** We don't know why, but a major TV network planned to air a prime-time special about this super-germ-killer, and then abruptly cancelled it. Pressure from big advertisers? You be the judge. But at a time of terrorism AND new super-viruses such as SARS and avian flu, no home should be without this remedy.

### **FREE REPORT #11: Get Rid of Your Allergies for Good**

Many people who try this herbal remedy say they don't need to take any more after the first bottle. *Their allergy symptoms go away for good.* Most of us would settle for a lot less than that! It's no surprise one of America's leading supplement manufacturers offered \$15 million for the rights, and the developer turned him down. This Special Research Alert explains what it is, how it works, and where to get it.

### **FREE REPORT #12: Fat-Burning Aids from the Underground**

This is the report the diet industry does NOT want you to read. They profit most when you know the least. In the pages of this Special Research Alert, you'll discover **the fatless fat** that tastes like butter but won't add weight...**a fat-gobbling body chemical that exists in your blood right now.** Here's how to wake it up with simple, little-known tricks!...**PLUS: Nature's most surprising fat fighter** blocks fat absorption, keeps your appetite in check and keeps your energy high. Absolutely the simplest and best way to lose weight. You feel full and satisfied all the time, safely.

## **FAST REPLY BONUS!**

**Join right away and as a way to thank you for your membership, we'll also send you...**

### **Today's Most Vital Health Secrets**

- *Don't even think about cataract surgery till you've read this.* Studies show natural eye drops treat up to 100 percent of patients without drugs or surgery. A few drops a day and cataracts go away.  
**PLUS: Our best solution for macular degeneration.**



- **Turn stress or depression to happiness in four days.** This anti-aging secret of the rich and powerful (not a hormone) is now available to all for the first time, as a supplement. Truly incredible.

**AND THERE'S MORE:** Our best solution to **periodontal disease**. It's so easy you'll kick yourself—or the boneheaded FDA people who discouraged it...An herbal tea extract that **lowers blood sugar** and supports weight loss...

You receive all seven solutions in **Today's Most Vital Health Secrets** as our thanks for replying fast.

**All this knowledge and more for pennies a day!**

If you accept this special invitation now, you can gain unbridled access to all this information—everything I've described—for about a penny-and-a-half a day.

Surely your health is worth more than that. And surely it's worth more than that to support our efforts to publish the truth about big drug companies and the breakthrough treatments they try to keep from us.

**You take no risk**

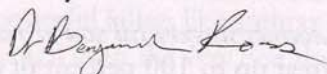
Naturally, you're under no obligation to remain a member if you're not satisfied. Look over the 12 FREE Special Research Alerts. Read one or two monthly issues. Surf our extensive online archives—ask our search engine any health question you like. Then...

If you're unhappy AT ANY TIME, FOR ANY REASON, just let us know and we'll send you a prompt refund for all remaining issues on your subscription. You keep the free reports and anything else we've sent you, with our compliments.

I enclosed a loose reply form and postage-paid envelope with this book. But if you misplaced them, no problem. You'll find extra application forms in the back of this book.

We'd love to have you!

For your health and freedom,



Dr. Benjamin Ross

DHS0812-RPLY

## Health Sciences Institute

### No-Risk Introductory Membership Application

- ☐ **YES!** Rush me 12 FREE Special Research Alerts and enter my one-year (12-issue) introductory membership to Health Sciences Institute for \$74. (See reverse for more about the free gifts). I understand I may cancel at any time, receive a full refund on all remaining issues, and the free gifts are mine to keep. (1AR74) (027)
- ☐ **SENIOR DISCOUNT!** I am at least 60 years of age, so I **SAVE \$25** on my membership today. 1 year (12 issues) for only \$49. And all 12 FREE GIFTS are still mine to keep. (49AR) (021)
- ☐ **FAST REPLY BONUS!** I'm responding within 6 days, so please send my FREE BONUS VOLUME, *Today's Most Vital Health Secrets*.

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## All New Members Receive 12 FREE GIFTS

<b>6 Natural Cancer Cures THEY DON'T WANT YOU TO HAVE</b> HSI	<b>Diabetes Defeated:</b> From Insulin Dependent to Non-Diabetic in 6 Weeks Flat HSI	<b>Natural Energy Booster</b> HSI	<b>Stop Memory Loss Dead in its Tracks</b> HSI
<b>Cut Calcium Loss By 69%:</b> Today's Medicines for Women HSI	<b>The Secret Cures for Heart Disease</b> HSI	<b>The Powerful Prostate Antidote:</b> Today's Medicines for Men HSI	<b>Control Your Bladder the Natural Way</b> HSI
<b>Pain Free for Life</b> HSI	<b>Clear up the Flu IN 8 HOURS FLAT</b> HSI	<b>Get Rid of Your Allergies for Good</b> HSI	<b>FAT-BURNING AIDS FROM THE UNDERGROUND</b> HSI

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**Today's Most Vital Health Secrets**  
HSI

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DHS0812-RPLY

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*An urgent message from  
the Executive Director of Health Sciences Institute*

# Natural cures “they” won’t let us have

Dear Concerned Reader,

Did you know your doctor can lose his license if he treats you with some of the best, most effective therapies on earth?

It's true. You'll find out in the pages of the little book I've enclosed called **Forbidden Cures: Proven Natural Treatments the Medical Establishment Won't Let You Have**.

This book could save your life or the life of someone you love. Because chances are, no one else is going to tell you about these cures. Not even alternative doctors.

You see, your doctor isn't free to do what he thinks best. Every day, doctors all over this country have to make a tough personal decision: How much can they tell you about the best natural cures without the risk of losing their right to practice?

Most of the time, alternative doctors decide it's better to stay in business and do what they can, rather than lose their right to do anything for you at all.

But that means a lot of valuable information is being kept from you. And doctors aren't the only ones with the government's boot on their necks. Companies that research and sell vitamins and other supplements are actually forbidden to tell you what their products can do for you!

Your enclosed FREE copy of **Forbidden Cures** reveals treatments you'll hear about nowhere else...

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(continued...)



- Total remission for half of all cancer patients (Chapter Two)
- A forbidden cancer treatment, from the same man who discovered vitamin C (Chapter Three)
- A woman got off insulin in six weeks, after nine years on the drug! You can use the same herbs to make sure you never get diabetes to start with (Chapter Four)
- A one-stop solution to nearly every heart problem (Chapter Five)
- You can fix 12 years of memory loss and stop Alzheimer's dead in its tracks (Chapter Six)
- Beyond pain killers: A real answer to arthritis (Chapter Seven)

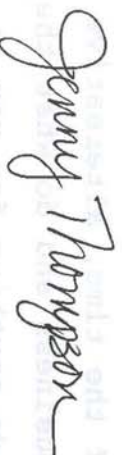
PLUS: 100% Success in treating cataracts (Chapter Nine)...A bladder solution that's not all wet (Chapter Ten)...A revolutionary new nutrient that gets at the root cause of fatigue (Chapter Eleven)...

And more. Much more.

I'm sure you have NO IDEA how much valuable health information is being kept from you. This book will open your eyes.

So keep reading!

Kindest regards,



Jenny Thompson

Executive Director



## Health Sciences Institute Membership Application

**YES! I want the uncensored truth about natural cures the medical establishment *won't let me have...***

☒ **Please activate my new Health Sciences Institute membership** and rush me the collection of free gifts listed on the reverse side. Then keep the info coming with my monthly issue of HSI's newsletter. I know there's no risk. All the gifts are mine to keep, even if I cancel and take advantage of your money-back offer.

☐ **SAVE \$25 and get 8 FREE GIFTS!** 1 year (12 issues) for only \$49 (021)

☐ **SAVE \$69 and get 12 FREE GIFTS!** 2 years (24 issues) for only \$79 (022)

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All New Members Receive 8 Special Research Alerts—And Two-Year Members Get 4 More!

## 6 Natural Cancer Cures

### THEY DON'T WANT YOU TO HAVE

Discover the rain forest plant that a big drug company tried to keep secret—10,000 times stronger than chemo, and safer, too! PLUS A mushroom extract that *totally eliminated cancer in half the people tested*...PLUS 4 more proven cancer therapies.

6 Natural  
Cancer Cures  
THEY DON'T  
WANT YOU  
TO HAVE  
HSI

## Cut Calcium Loss By 69%

This report features a natural cure that *cuts calcium loss by more than two-thirds*. How? By doing the opposite of what most osteoporosis "experts" tell you! As often happens, establishment medicine got it wrong again.

Cut  
Calcium  
Loss  
By 69%  
HSI

## The Secret Cures for Heart Disease

Cuts cholesterol sharply in 30 days...Reduces the number of angina episode *by half, without side effects* (much better than prescription drugs)...Brings down blood pressure...and you may even lose a few pounds without dieting! It may sound like five different herbs, but in fact, it's just one!

The Secret  
Cures for  
Heart  
Disease  
HSI

## Diabetes Defeated: From Insulin Dependent to Non-Diabetic in 6 Weeks Flat

A seven-herb formula so effective that 82% of those who try it get better. So popular (after we broke the story) the maker could barely keep it in stock!

Diabetes  
Defeated:  
From Insulin  
Dependent to  
Non-Diabetic in 6  
Weeks Flat  
HSI

## Natural Energy Booster

*The real reason so many people are tired all the time:* Your body has to make a certain rare nutrient, in a process so complex it just doesn't work in some people. Now, for the first time, the "missing nutrient" is available as a supplement.

Natural  
Energy  
Booster  
HSI

## The Powerful Prostate Antidote

A rare prostate herb so effective—and so valuable—the country that grows it doesn't want to export it! Solves 9 out of 10 enlarged prostate problems and totally eliminates tumors.

The  
Powerful  
Prostate  
Antidote  
HSI

## Control Your Bladder the Natural Way

Take back control of your life! Who wants to wear Depends or plan everything around bathroom breaks? Nobody, that's who. And thanks to a remarkable new herbal formula, you don't have to.

Control  
Your  
Bladder  
the Natural  
Way  
HSI

## Stop Memory Loss Dead In its Tracks

One herb *stops the progress* of Alzheimer's and another *actually reverses* it. A respected scientist says a third "may reverse approximately 12 years of decline" in your mental abilities.

Stop  
Memory  
Loss  
Dead in its  
Tracks  
HSI

## 4 MORE SPECIAL RESEARCH ALERTS FOR TWO-YEAR MEMBERS ONLY

### Pain Free for Life

Alternative health researchers have long sought the Holy Grail—a *cure* for arthritis. Not just a painkiller, but something that *gets to the root cause*. This may be it, and it works for both osteo and rheumatoid. PLUS: Seven more natural painkillers, including a sublingual spray that knocks out migraines in minutes.

Pain  
Free  
for Life  
HSI

### Get Rid of Your Allergies for Good

A lot of people who try this herbal remedy say they don't need to take any more after the first bottle. *Their allergy symptoms go away for good*. We know an investor who offered the inventor \$15 million—and the guy turned him down. No wonder!

Get Rid of  
Your  
Allergies  
for Good  
HSI

### Clear Up the Flu in 8 HOURS FLAT

The next big flu pandemic is expected to kill millions worldwide. *This* may be the natural answer: a plant substance the Soviet military found when looking for a way to cure germ warfare agents like anthrax (which they planned to use on us). Knocks out regular colds and flu, too—with amazing speed.

Clear up  
the Flu  
in 8 HOURS  
FLAT  
HSI

### Fat-Burning Aids from Underground

This is the report the diet industry does NOT want you to read. They profit most when you know the least. You'll discover a fat-gobbling body chemical that exists in your blood right now. We show you how to wake it up. PLUS: Nature's most surprising fat fighter blocks fat absorption, keeps your appetite in check and keeps your energy high. You feel full and satisfied all the time, safely.

FAT-BURNING  
AIDS FROM  
THE  
UNDERGROUND  
HSI

Get all 12 Special Research Alerts with Your Two-Year Membership to Health Sciences Institute—and the first 8 Alerts when you join for one year.